

MoU between Department of Physical Education Indira Mahavidyalaya, Kalamb Dist. Yavatmal & Jay Hind Krida Mandal, Yavatmal Dist. Yavatmal

Name of the Activity: Skill Development in Physical Education

MOU between Department of Physical Education Indira Mahavidyalaya, Kalamb Dist. Yavatmal & Jay Hind Krida Mandal, Yavatmal Dist. Yavatmal

Skill Development in Physical Education

Date: 09/01/2020 Time: 12:30 PM

Resource Person

Prof. Shital Darekar
Director, Physical Education,
Indira Mahavidyalaya, Kalamb

Venue

Smart Class Room
Indira Gandhi Kala Mahavidyalaya, Ralegaon



Attendance Sheet

Indira Mahavidyalaya, Kalamb Dist-Yavatmal



| S.No | Students Name | Class | Signature |
|------|----------------------------|---------------------------------------|-----------------------|
| 1 | Vaishnavi Suresh Pawane | B.Sc.II | <u>Vaishnavi</u> |
| 2 | Khyshi Vijay Shirode | B.Sc.II | <u>Kshirode</u> |
| 3 | Sanjana Santosh Bhagat | B.Sc.I | <u>S.S. Bhagat</u> |
| 4 | Trayati Manohar Chachare | B.Sc.I | <u>Trayati</u> |
| 5 | Kalyani Pureshottam Bhoyar | B.Com.III | <u>Kalyani</u> |
| 6 | Tejya P. Jawade | B.A.I | <u>Tejya</u> |
| 7 | Tejwina S. Wankar | B.A.I | <u>Tejwina</u> |
| 8 | Vishnaji V. Wane | B.A.I | <u>Vishnaji</u> |
| 9 | Payal Pundlikrao Chandore | M.Sc.II | <u>Payal</u> |
| 10 | Kajal Rajesh Inzalkar | M.Sc.II | <u>Kajal</u> |
| 11 | Nisha Shankar Naingawale | B.Sc.I | <u>Nisha</u> |
| 12 | Anisha Vitthal Patil | B.Sc.I | <u>Anisha</u> |
| 13 | Peiti Ganputeo Chachare | B.A.II | <u>Peiti</u> |
| 14 | Shruti Ramesh Shivarkar | B.A.II | <u>S.R. Shivarkar</u> |
| 15 | Pranjali Gopal Botane | B.A.II | <u>Pranjali</u> |
| 16 | Vaishnavi S. Shivarkar | B.A.II | <u>Vaishnavi</u> |
| 17 | Dipali C. Gupta | B.Sc.III | <u>Dipali</u> |
| 18 | Anushri R. Sonule | (B.A.I) | <u>Anushri</u> |
| 19 | Srushti M. Pawade | (B.A.I) | <u>Srushti</u> |
| 20 | Alfiyanaaz A. Pathan | B.Sc.III | <u>Alfiyanaaz</u> |
| 21 | Chetna J. Katarke | B.Sc.I | <u>Chetna</u> |
| 22 | Dhanshri S. Khudsange | B.Sc.I | <u>Dhanshri</u> |
| 23 | Jayshri D. Chodhary | B.Sc.I | <u>Jayshri</u> |
| 24 | Sakshi P. Bhagat | B.Sc.I | <u>Sakshi</u> |
| 25 | Jayshri. Raut | B.Sc.I | <u>Jayshri</u> |
| 27 | Vaishnvi B. Khode | B.Sc.I | <u>Vaishnvi</u> |
| 28 | Sakshi R. Ghode | B.Sc.F | <u>Sakshi</u> |
| 29 | Madhuri B. Bhone | B.A.II | <u>Madhuri</u> |
| 30 | Siya S. Maan | B.Sc.II | <u>Siya</u> |
| 31 | Shivani A. Dalewad | M.Sc.I | <u>Shivani</u> |
| 32 | Payal V. Dhoyar | B.A.II | <u>Payal</u> |
| 33 | Pratiksha S. Thakare | B.A.I | <u>Pratiksha</u> |
| 34 | Kadhiqa Vilasrao Dhawale | M.Sc.I | <u>Kadhiqa</u> |
| 35 | Jyoti S. Jangid | -/- | <u>Jyoti</u> |
| 36 | RAKHI V. Dhawale | -/- | <u>Rakhi</u> |
| 37 | Vaishnavi Umfatarke | B.Sc.III | <u>Vaishnavi</u> |
| 38 | Arnak V. Rode | B.Com | <u>Arnak</u> |
| 39 | Siddhi C. Sangrthao | M.A.II ^{5th year} | <u>S.C. Sangrthao</u> |
| 40 | Shruti A. Hasekar | B.Sc.II | <u>Shruti</u> |

Report

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| Name of Activity: | Skill Development in Physical Education |
| Purpose of the MoU: | Knowledge Sharing |
| Date: | 09/01/2020 |
| Number of Participants: | 40 |
| Venue: | Smart Class Room |
| Name of the Resource Person: | Prof. Shital Darekar Director, Physical Education, Indira Mahavidyalaya, Kalamb |

On January 9, 2020, a seminar focusing on skill development in physical education was held at the Smart Classroom of Indira Mahavidyalaya in Kalamb. The primary objective of the event was to facilitate knowledge sharing among the participants regarding the importance of skill development in physical education and its implications for overall personal growth and well-being. Prof. Shital Darekar, a highly respected figure in the field of physical education and the Director of Physical Education at Indira Mahavidyalaya, Kalamb, served as the resource person for the seminar. The seminar commenced with an insightful discussion led by Prof. Darekar on the significance of skill development in the context of physical education. He emphasized that while physical fitness is undoubtedly important, the acquisition and refinement of specific skills play a pivotal role in enhancing athletic performance and overall competence in various physical activities. Prof. Darekar underscored the need for a systematic and progressive approach to skill development, starting from the foundational level and gradually advancing to more complex skills and techniques. Throughout the session, Prof. Darekar shared practical strategies and methodologies for promoting skill development in physical education settings. He highlighted the importance of providing ample opportunities for students to practice and master a wide range of motor skills, including locomotor skills (e.g., running, jumping, hopping), object control skills (e.g., throwing, catching, kicking), and stability skills (e.g., balancing, coordination). Prof. Darekar also emphasized the role of effective feedback, modeling, and guided practice in facilitating skill acquisition and refinement among learners. The seminar provided a platform for interactive discussions and exchange of ideas among the participants. Attendees had the opportunity to share their own experiences, challenges, and best practices related to skill development in physical education. Prof. Darekar encouraged collaboration and peer learning, fostering a supportive and inclusive learning environment.

The seminar on skill development in physical education at Indira Mahavidyalaya proved to be a valuable and enriching experience for all participants. Prof. Shital Darekar's expertise and passion for the subject inspired attendees to recognize the importance of skill development in nurturing well-rounded individuals with a lifelong commitment to physical activity and fitness. It is hoped that the insights gained from the seminar will inform and enhance the practice of physical education professionals and educators in their efforts to promote holistic development among students.

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|  Secretary Jalhind Krida Mandal, Yavatmal |  PRINCIPAL Indira Mahavidyalaya Kalamb Dist. Yavatmal |
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